

There is no right or wrong. The Nieves Method

The Nieves Method is not about accommodating a disability. Instead, we explore what a disability at times obscures: personality, creativity, the interest of the person themselves. The space around, the music, the interaction of everyone taking part make the decisive difference.

The Nieves Method was devised by Maria Tietze. It started out as an instrument in theatre and dance theatre, but can be applied in a variety of artistic ventures. It pursues inclusion and empowerment of special people – regardless of their abilities or age.

How does the Nieves Method work?

The space for working together is always divided into a mirror-free stage and an audience area. The audience observes and motivates the participants. Interaction between all the people taking part intensifies progressively. The instructors play a key role.

On the one hand, they activate the special people, aiming specifically to help them rise above their restrictions and to bring to light their creative powers, their resourcefulness and their potential. On the other, the instructors engage with stimuli and suggestions from the participants, to allow a dynamic give-and-take process to emerge.

What makes the NIEVES Method different?

Its avoidance of frontal instruction, its lack of hierarchy. Everyone, instructors and instructed, take part on stage as equals.

The work itself is based on improvisation, intuiting the moment, and freedom of expression. There is no right or wrong, no structure to comply with when moving and interacting.

Except for an occasional word or quick phrase, which can sometimes aid in further intensifying the physical activities, the Nieves Method is non-verbal.